LESS is More: A Comparative Analysis to Determine the Efficacy of Literature-based Elementary Social Studies (LESS) Program on Students' Reading Comprehension

I have been teaching Elementary Social Studies method courses to both undergraduate and graduate students in SUNY Cortland. As a teacher and researcher of social studies, I have always been fascinated by the knowledge of social studies that encourages elementary students to understand and appreciate the world so as to enjoy it and see different factors affecting our planet and its people (Kirman, 2003). Learning social studies can be empowering for elementary students, perhaps for the first time, they learn to have some depth of historical, political, and cultural understanding of the world they live in (Kitchin, 1999). However, social studies curricula usually stop at this point. Surveys conducted in early1980s and 1990s show that geography, for example, a central social studies subject, was considered the least favorite subject for elementary school students on a list of school subjects (Sack & Petersen, 1998). There appears to be an educational void that does not embrace the full scope of social studies education. The *LESS* Program has a strong potential to fill this void. The Investigator hypothesizes that children reading high-quality, age-appropriate, social studies-oriented children's books will gain academic knowledge, academic and social skills, and civic values to prepare citizens to "make informed decisions in an increasingly interdependent and culturally diverse world (NCSS, 1994)." The research question is "To what extent can the use of the Literature-based Elementary Social Studies (*LESS*) program improve reading comprehension for 4th grade students in the Cortland City School District?"

Since 2001, the Education Act known as No Child Left Behind (NCLB) requires elementary schools to focus their energy, money, and time on improving reading and math scores. Research indicates that increased time spent on mathematics and language arts does not necessarily mean that student achievement will rise in those areas (Baker, Fabrega, Galindo, & Mishhook, 2004). But the trend to emphasize reading and math continues. With the testing mandates, history, civics, geography, and the social studies in general are being virtually wiped out from the elementary school curriculum (Rabb, 2004). If they are not completely out of the picture, they are on the back burners. While the emphasis on teaching reading at the expense of social studies and other content areas in the elementary grades remains an unintended consequence of NCLB, literature suggests that curtailing content area (such as social studies) from the elementary curriculum may have detrimental effects on reading achievement in the upper elementary grades – the very grades where students have the most serious reading achievement challenges (Biancarosa & Snow, 2004; Kamil, 2003).

It is not a new claim that reading in subject areas such as social studies improves students' reading achievement (McKenna & Robinson, 2005). Investigations conducted by the *Center for the Improvement of Early Reading Achievement (CIERA)* suggest that efforts to integrate subject area and reading instruction increased general literacy knowledge and skills as well as subject-matter knowledge even for primary-grade students (Palincsar & Duke, 2004). When readings are selected from topics in geography, history, and other social studies areas, students showed greater interest and increased motivation, as compared to when they read in English language arts (Brophy & Alleman, 2002). Existing research suggests that more investigations must be conducted on literacy intervention programs that mediate classroom practices which are closer to students' learning (Wixson & Yochum, 2004). An earlier study using the GeoLiteracy program as an intervention program found that the students' reading comprehension achievement improved (Hinde et al, 2007). The preliminary results reveal that teachers are not only able to effectively integrate geography, reading and writing skills, but that when they do so, students learned more effectively and understand the material better (Hinde et al, 2007).

Studies advocating the teaching of social studies with a literature-based instructional approach have taken many forms. Some articles listed appropriate books for teaching social studies (Johnson, 2007). Some make rationales for literature-based social studies teaching, and others suggest strategies to be used for literature-based

social studies instruction (Camicia, 2007). Very few authors present evidence from research concerning the effects of literature-based instruction (Krey, 1998). Thus there is a need to establish such research findings.

The *LESS* Program is comprised of a package of ten children's literature books and their corresponding lesson plans for 4th grade. Each of the lesson plans has been selected by the investigator to enhance student literacy and social studies learning. Each book selected in the *LESS* program matches at least one of the following Ten Thematic Strands of Social Studies (The National Council for the Social Studies):1) Culture; 2) Time, Continuity, and Change; 3) People, Places, and Environment; 4) Individual Development and Identity; 5) Individuals, Groups, and Institutions; 6) Power, Authority, and Governance; 7) Production, Distribution, and Consumption; 8) Science, Technology, and Society; 9) Global Connections; and 10) Civic Ideals and Practices. (http://www.socialstudies.org/standards).

The *LESS* Program will be used as **an intervention program** for 80 students in grade 4 at two local elementary schools. Four teachers will volunteer to participate in the study. Two of them will be randomly assigned to teach their students using the *LESS* program while the other two teachers will use their regular class curriculum with 10 children's literature books that are not included in the *LESS* program, but books that are comparable in all ways (length, vocabulary, etc.) A total of 80 students will yield the intervention and control group data analysis for this study, which uses a quasi experimental model since the investigator is not able to control for variables beyond the existing makeup of the classrooms. Participating students can't be randomly assigned to intervention and control cohorts, as in most educational research in classrooms. For this study, the investigator will collect student information (students' gender, age, race, aptitude, etc.) through teacher interviews and report cards of students.

A standardized reading comprehension test will be administered as a pretest to both intervention and control groups to develop a reading comprehension baseline for the *LESS* program. The two intervention teachers will then implement ten lessons in a time period of ten weeks based on ten children's books selected for the *LESS* program. The intervention teachers will also be asked to administer a reading posttest at the completion of the 10 *LESS* lesson plans.

The comparison teachers (from the same school) will administer the same reading pretest and later the same posttest to the control students that have not participated in the LESS program lessons. The investigator anticipates a three-month span between the administrations of the reading pretest and posttest.

Participating teachers' years of teaching experience, academic background, philosophy of teaching (e.g. regarding parental engagement, student support structures, and curriculum) may influence reading comprehension levels of their students while implementing the LESS program. One can presuppose that teacher participants in the intervention group may be more likely to use creative literature-based materials to increase student reading comprehension than those who do not volunteer for the study. To address this variable, the investigator will interview each of the teacher participants prior to the implementation of the LESS program to gather information about their teaching strategies, philosophy, years of experience, attitudes toward promoting parent support and other factors that could influence the increase in student reading comprehension at the end of the study. The information gleaned from the four teacher participants may show interesting information about multi variances in instruction ability. Additionally, the intervention teacher participants will be asked at the end of the study to provide the researcher with information on how they actually adjusted the LESS program lessons to their students.

The investigator has described and discussed the *LESS* program concept to the schools, and it has been favorably received. The incentive for teachers to participate includes: a) receipt of an honorarium for participating in this project; b) receipt of 10 new national, award-winning books and corresponding integrated

lesson plans; c) opportunity to participate in a research study and professional development workshops; d) opportunity to improve their students reading comprehensive resulting in more engaged and enthusiastic learners; and e) opportunity to present their involvement to peers. Teachers in the control cohort will get the same honorarium, books, and lessons. They will use the *LESS* program in the next semesters after the study is over.

The investigator submitted an IRB application on June 18, 2008. District superintendent's approval is part of the IRB submission, along with consent forms that teachers and parents will need to complete prior to participation. Because the study will require ALL students in the intervention group to participate, parent information sheets will be sent home should parents have any questions. Based on prior research studies from other faculty in the *School of Education*, the investigator will meet with parents and school board members prior to the commencement of the study to assure that parents are aware of the procedures, have opportunities to ask questions, and can be kept appraised of the progress of the study.

The students' reading comprehension test will be identified and adapted from New York State standardized reading tests as the pre-test and post-test. Descriptive statistics will be used to compare and analyze the tests. Independent-samples t-tests will be conducted to assess the presence of systematic group-related differences in pretest achievement. Analysis of covariance (ANCOVA) will be conducted for the participating students. Reading pretests, posttests, and pre-post differences will be examined for each group of participating students (i.e., students exposed to *LESS* lessons or students receiving regular curriculum instruction).

The study will require the investigator to develop the pre and post tests well before the project begins (Please see Appendix). The IRB application was submitted on June 18, 2008. The *LESS* program and teacher interviews, along with the pre and post student tests will occur over a 12- week period during the fall 2008 academic year. Should this Drescher Leave be granted, the investigator will devote the full time leave to analyze data and prepare for a presentation to the District, and then considered for other likely venues of publication. The preparation of journal articles will begin as the project is progressing, however, it is not likely that they will be submitted until after the project is completed, probably by the end of the fall 2008.

Potential journals that are good venues for publishing such research include the following refereed journals: the Elementary School Journal, the Reading Teacher, and Social Studies for the Young Learners. In addition to the dissemination of these findings in journals, presentations at local and national conferences will be an important avenue for making the findings public. Presentations could be made at the annual conferences of American Educational Research Association (AERA), College and University Faculty Association (CUFA) of the National Council for the Social Studies (NCSS), and International Reading Association. The Seven Valley Reading Council's annual literacy forum can also be a place where the researcher could collaborate with participating teachers for joint presentations.

Future research using similar *LESS* programs on other grade levels is important in order to propose for the content-based and subject-integrated reading programs in public schools. The Investigator plans to develop a research agenda based on the preliminary findings from this study that would focus on how to increase students' reading achievements and knowledge of social studies using children's literature. To develop this longitudinal research project, the Investigator plans to apply for future funding from outside funding sources. A good candidate for funding is the *United States Department of Education, Institute for Educational Sciences*, and the *Spencer Foundation*.

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Appendix - Timeline

The investigator has developed the pre and post tests during the summer of 2008. The IRB application was submitted in summer of 2008 for this project. The *LESS* program and teacher interviews, along with the pre and post student tests will be conducted over a 12-week period during the spring 2009 academic year if the Drescher leave program is to be awarded to the investigator. The spring of 2009 will be used to conduct the program, collect and analyze data, and prepare for a presentation to the local School District, and then considered for other likely venues. The preparation of journal articles will begin as the project goes on, however, it is not likely that they will be submitted until after the project is completed in the fall of 2009 with the possibility of being awarded the full-time Drescher Leave in spring 2009.

Dates	Research Activity	Evaluation
January 2009	 Distribute survey for all participating teachers Distributing letters to parents of potential student participants Offer a workshop for teachers in experimental group on how to integrate the LESS program Administer the pretest reading test for both groups Start teaching LESS program in mid-September in experimental groups (2 weeks) 	Continue reading for literature Transcribe survey data Observe in participatin g classes Collect
February 2008	 Experimental groups teach the LESS program Observe classes both in experimental and comparison groups (3 weeks less spring break) 	
March 2008	 Continue to teach the LESS program in experimental groups Continue to observe classes in experimental and comparison groups (3 weeks less spring break) 	
April and May 2008	 Continue to teach LESS program in experimental groups till mid-May (4 weeks) Administer the posttest reading test for both groups Distribute the post-intervention survey to experiment teachers Analyze the data (statistics and survey) Share data with participating teachers and write up Write up for publication and presentations 	